

# Nutrition

**SCIENCE-BASED NOURISHMENT  
FOR EVERY STAGE OF LIFE**



## Competitive swimmer Ana María Canaval Landázuri, of Lima, Peru, relies on *Ensure Advance* after practice to help rebuild her strength and energy.

### KEEPING ADULTS HEALTHY

Abbott is the world leader in Adult Nutrition, with a portfolio anchored by *Ensure*, an extensive line of products that provide complete, balanced nutrition for strength and energy. Building on our expertise in this area, Abbott has developed a number of formulations that support the unique nutritional needs of people with chronic illnesses, including *Glucerna* shakes and bars for people with diabetes. Products for active people on the go and nutritious snacks for healthy-living adults round out the Abbott portfolio.

### HELPING CHILDREN GROW STRONG

We are also a leader in pediatric nutrition. *Similac*, one of our most successful brands, is just one of Abbott's science-based nutrition products designed to make every stage of life a healthy one. In addition to products like the *Similac* line of infant and toddler formulas, we also offer *PediaLyte*, specially formulated to prevent dehydration, and *PediaSure*, our complete, balanced nutritional supplement that supports healthy growth and development.

### ENSURE ADVANCE

Ensure Advance is scientifically formulated to support muscle health and recovery.





NUTRITION 2016

# GLOBAL IMPACT FROM A BALANCED PORTFOLIO

## 2016 BUSINESS HIGHLIGHTS

- Launched two new infant formulas in the United States, *Similac Pro-Advance* and *Pro-Sensitive* — breakthrough, first-to-market innovations that come closer to breast milk than ever before. These formulas contain a special prebiotic, like those found naturally in most breast milk.
- Delivered new natural vitamin E brain-development claims for *Similac* products with *OptiGRO*, Abbott's unique blend of vitamin E, lutein and DHA
- Launched *Ensure Enlive*, a nutritional supplement designed to help older adults rebuild lost muscle and regain strength and energy. *Ensure Enlive* is the first and only complete and balanced nutrition drink in the United States with 20 grams of protein and the unique ingredient HMB (B-hydroxy b-methylbutyrate), to help support muscle health.





# The Global Leader in Adult Nutrition

More than 40 years ago, Abbott launched *Ensure*, and we've been the clear market leader in this category ever since. From the beginning, Abbott has relied on state-of-the-art nutrition science, continually improving our formulations for both general-use and disease-specific products like *Nepro*, for dialysis patients.

## ABBOTT'S GLOBAL REACH

*Abbott products account for a clear majority of all sales in the global market for Adult Nutritionals*

**#1**  
WORLDWIDE

Our consistent global growth is supported by research like the Abbott-sponsored Nourish study, which shed light on the importance of the specialized nutrition that participants in the study took while recovering from heart or lung disease.

