MANAGING DIABETES AND ITS COMPLICATIONS
WITH THESE
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PEOPLE WITH
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OF DIABETES.

THE GLOBAL PICTURE

The 2015 diabetes statistics for adults ages 20 to 79 worldwide suggest that prevalence is increasing.

GLOBAL PREVALENCE OF DIABETES IN CHILDREN

For the first time in 2015, more than half a million children aged 0-14 and under are estimated to have type 1 diabetes. Both type 1 and type 2 diabetes are increasing among children in some countries.

DIABETES PREVALENCE

The top 10 countries for number of people with diabetes ages 20 to 79 in 2015:

- United States
- Mexico
- Brazil
- Egypt
- India
- Indonesia
- Japan
- Bangladesh
- China
- Russia

WHY TYPE 2 DIABETES IS INCREASING

- Societal and Cultural Changes
- Increased Urbanization
- Aging Populations
- Increased Sugar Consumption, Low Fruit and Vegetable Intake
- Reduced Physical Activity

Diabetes Impact on Health

High blood glucose is the third-highest risk factor for premature death worldwide, preceded only by tobacco use (No. 1) and high blood pressure (No. 2).

High Blood Glucose

Consistently high blood glucose can lead to serious disease affecting heart and blood vessels, eyes, kidneys and nerves.

2015 DIABETES HEALTH CARE EXPENDITURES*

$673B

12% OF OVERALL GLOBAL HEALTHCARE EXPENDITURES

2-3 TIMES HIGHER FOR PEOPLE WITH DIABETES

Why Type 2 Diabetes is Increasing

WITH THESE ADJUSTMENTS, PEOPLE WITH DIABETES CAN POTENTIALLY LIVE A LONG, HEALTHY LIFE, AND WE CAN ACHIEVE THE GOAL OF REDUCING THE GLOBAL IMPACT OF DIABETES.

Many cases of type 2 diabetes can be better managed with:

- Healthy Eating (More Fruits and Vegetables)
- Increased Physical Activity
- Education/Awareness
- Early Diagnosis
- Increased Professional Support
- Access to Insulin, Oral Medications, and Monitoring Services

For those who have diabetes, complications can be better managed by:

- Controlling Blood Sugar, Blood Pressure, and Cholesterol Levels

References:
2. Estimate from the Diabetes Mondiale study (DIAMOND), the Europe and Diabetes study (EURODIAB)
3. *Treatment and complications. ** World Health Organization target

Abbott has consolidated key diabetes information from the 2015 International Diabetes Federation (IDF) Diabetes Atlas to help support the IDF’s goal to understand diabetes growth trends and to promote diabetes care worldwide.