ANTIBODY TESTING MYTHS DEBUNKED

If my antibody test is positive, it means I am immune.

MORE TO BE KNOWN. There is still a lot of research being conducted about whether having antibodies means you are immune from getting COVID-19 again. Having a positive IgG antibody test means you had the infection and recovered.

Some individuals who get infected experience few to no symptoms.

Antibody tests are not accurate.

FALSE. Abbott's antibody test demonstrated specificity and sensitivity of greater than 99% 14 days or more after symptoms started.

Antibody tests tell you if you are currently infected with the virus.

FALSE. Antibody tests detect IgG antibodies, which generally are longer lasting in the body, for up to months and possibly years after infection. Antibody tests are not used to diagnose infection but can tell you if you were previously exposed to the virus.

Antibody tests are administered through a nasal swab.

FALSE. Antibody tests are done through a blood draw, and the sample is sent to a lab for testing. The sample is run on one of Abbott's ARCHITECT or Alinity i instruments.

I tested positive for COVID-19 antibodies so, I can go back to my normal life.

FALSE. A positive test means you have had an immune response to the virus, indicating a recent or prior infection. A negative antibody test just means that you have not been exposed to the virus. Like everyone else, you should still remain vigilant about practicing good hygiene measures and social distancing to avoid getting infected.