

Welcome to our quarterly newsletter highlighting some of the many ways Abbott is improving lives around the globe.

In this issue, we're sharing new research on Abbott's Healthy Food Rx "food is medicine" program for people living with diabetes. Also in this issue, hear from Abbott Chairman and CEO Robert Ford, gain insights on preventing chronic diseases, and get the latest updates from our Abbott HeartMates community.

Your [feedback](#) matters, so please let us know what you think. And please feel free to share this newsletter with others; they can easily sign up to receive it directly [here](#).



TOP STORY:

'Food is Medicine' Approach Helps People Living With Diabetes

Abbott's Healthy Food Rx program is making a difference for people living with diabetes. A new randomized clinical trial shows program participants ate more fruits and vegetables, felt healthier, and were highly satisfied with the program.

By delivering nutritious food and education directly to homes, Abbott is helping people take control of their health – one meal at a time.

Read more about the study results [here](#) and learn about our broader work to remove barriers to care and help people live healthy at futurewellcommunities.abbott.

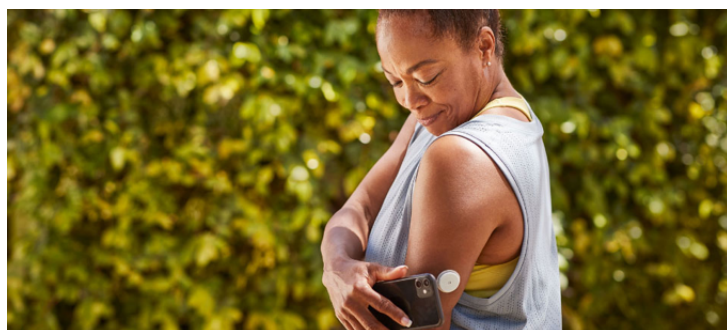
IN CASE YOU MISSED IT

EXPANDING ACCESS TO HEALTH TECH



'Helping People Get Healthy and Stay Healthy'

Our Chairman and CEO Robert Ford was recently at the Milken Institute Global Conference, where he spoke with CNBC about how we're working to create health tech that can help prevent the problem instead of just taking care of it. [More](#)



One Device Tackling Two Chronic Diseases

New research shows that Abbott's FreeStyle Libre technology not only helps manage diabetes but is also associated with a significant reduction in heart-related hospitalizations – underscoring its powerful impact on two major health risks. [More](#)

TRANSFORMING WELLNESS, PREVENTION AND CARE



Acting Early and Preventing Chronic Disease

Chronic diseases may not be contagious, but their impact is widespread – and in many cases preventable. By acting early and focusing on key lifestyle habits, you can lower your risk and protect your long-term health. [More](#)



Abbott HeartMates Makes Personal Connections

From stroke survivors to transplant heroes, the Abbott HeartMates Draft welcomed 11 new heart health champions – each bringing strength, inspiration and a shared bond to our growing community. [More](#)

PARTNERSHIPS FOR HEALTH



From Recovery to Resilience: 20 Years After Katrina

Two decades after Hurricane Katrina, Abbott's partnerships with Feeding America and Direct Relief continue to strengthen resilience – stocking critical nutrition and healthcare supplies in communities before hurricane season. [More](#)

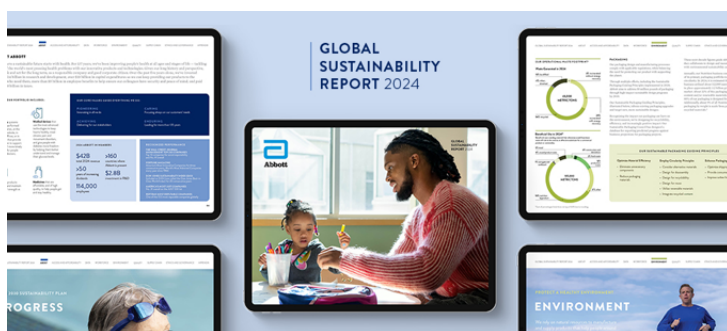
WORKFORCE OF TOMORROW



Mother and Daughter Take on Parkinson's – Together

Abbott R&D leader Rebecca Wilkins helps her mom reclaim her life with the deep brain stimulation technology she helped develop – proving that innovation is personal. [More](#)

RESPONSIBLE, SUSTAINABLE BUSINESS



2024 Global Sustainability Report

We're building a stronger, more resilient Abbott to shape the future of healthcare and expand our global impact. See how our 2024 performance is driving long-term, sustainable progress. [More](#)



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