



Innovation & Technology

# AGAINST THE GRAIN IN PARKINSON'S FIGHT

When medication proved less effective, deep brain stimulation (DBS) helped Clive Couperthwaite leave his Parkinson's disease symptoms in the sawdust.

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Health & Wellness

# NUTRIENTS TO HELP YOU FIGHT THE FLU

Dropping temps means the rise of influenza. How can you boost your immune system? These are some of the best foods and best practices to help you steer clear of the flu.

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**Diabetes Care** 

### BIG DATA MOVING DIABETES MANAGEMENT

Diabetes management driven by big data is helping people tailor their care to their lives. This is how.

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