

It may be time to get screened for heart disease.

Heart Health Cheat Sheet

Questions to consider when talking to your doctor.

H

Hormone changes

What are my risks associated with lower estrogen?

E

Early detection

What heart disease screening tests are available to me?

A

Assess your symptoms

Are my sleep issues, palpitations and anxiety related to cardiovascular disease or something else?

R

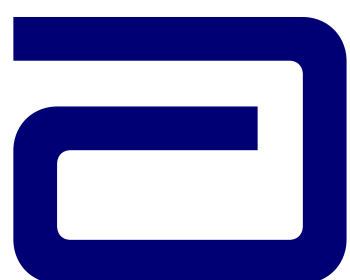
Risk factors

What health risks, including high blood pressure and high cholesterol, should I be aware of?

T

Testing matters

Would an advanced lipid panel offer a more accurate assessment of my cardiovascular risk?



ABBOTT